

Weekly Menu

Every day we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk, and a Fresh Bread Basket. Ketchup is offered with selected dishes.
Items in BLUE denote contents of Deli Bag. Vegetable accompaniments change to reflect seasonal availability.

Week one

Week Commencing: 13/5, 10/6, 1/7, 2/9, 23/9, 14/10.

Main meal...

British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v,h) Chinese Style Quorn with Noodles

Tuna Mayonnaise Sandwich
Radnor Juice Carton (50/50 juice/water)

MONDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Swirl Mousse
(v) Cheddar Cheese, Crackers & Apple
(v) Organic Yoghurt or Fresh Fruit

Main meal...

Chicken Fillet Wrap with BBQ Sauce, Baked Potato Wedges

(v,h) Farmhouse Omelette, Baked Potato Wedges

(v) Cheddar Cheese Soft Bap
Radnor Juice Carton

TUESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Corn on the Cob or Peas

For dessert...

(v,h) Iced Mandarin Sponge
(v) Organic Yoghurt or Fresh Fruit

OUR ROAST OF THE DAY

British Roast Pork Joint/Loin or Gammon Joint, Apple Sauce, Gravy, Crispy Roast Potatoes
(v) Veggie Toad in the Hole, Gravy, Crispy Roast Potatoes

Sliced Turkey Soft Bap
Radnor Juice Carton

WEDNESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Organic Beef Bolognaise Pasta Bake, Malted Wheat Baguette

(v,h) Homemade Rustic Cheese & Tomato Pizza, Crispy Potatoes

Sliced Ham Sandwich
Milkshake Carton

THURSDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Creamy Whip with Fruit in Juice
(v,h) Homemade Ginger Cookie
(v) Organic Yoghurt or Fresh Fruit

Main meal...

SEASIDE SPECIAL FISHY FRIDAY

(msc) Harry Ramsden's Seaside Salmon Fish Fillet, Criss-Cross Potatoes

(v,h) Not Too Spicy Vegetable Burrito, Criss-Cross Potatoes

(v) Egg Mayo and Cress Soft Bap
Milkshake Carton

FRIDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Gluten Free Mini Doughnut
(v) Organic Yoghurt or Fresh Fruit

Week two

Week Commencing: 20/5, 17/6, 8/7, 9/9, 30/9, 21/10.

Main meal...

MEAT FREE MONDAY

(v) Cheese & Tomato Pizza Wedge

(v) Vegan Country Bake, lightly bread crumbed vegetable pattie with vegan cheese.

Baked Potato Wedges

(v) Cheddar Cheese Sandwich
Radnor Juice Carton

MONDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

Baked Beans
(v,h) Homemade Chocolate Cracknel
(v) Organic Yoghurt or Fresh Fruit

Main meal...

Organic Beef Grill in a High Fibre Bun, Crispy Potatoes

(v,h) Cheesy Pasta Bake, Malted Wheat Baguette

British Turkey Wrap
Radnor Juice Carton

TUESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

Jelly with Fruit or (v) Ice Cream Tub
(v) Organic Yoghurt, (v) Raisin Box or Fresh Fruit
(v) Raisin Box

OUR ROAST OF THE DAY

Roast Chicken Fillet or Joint, Gravy and Crispy Roast Potatoes

(v,h) Mild and Creamy Vegetable Korma with Rice

Tuna Mayonnaise Soft Bap
Milkshake Carton

WEDNESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Up Beet Chocolate Cake
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Organic Beef Chilli, Nacho Seasoned Potato Wedges

(v) Veggie Hot Dog, Nacho Seasoned Potato Wedges

British Chicken Soft Bap
Milkshake Carton

THURSDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Melting Moment Biscuit
(v) Organic Yoghurt or Fresh Fruit

Main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

(v) Cheesy Jacket Potato

(v) Cheddar Cheese Wrap
Radnor Juice Carton

FRIDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Favourite Fruit Muffin
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Week three

Week Commencing: 3/6, 24/6, 15/7, 16/9, 7/10, 4/11.

Main meal...

Organic Pork Meatballs, Rich Tomato Gravy and Pasta

(v,h) Quorn Korma with Wholegrain Rice

(v) Cheddar Cheese Soft Bap
Radnor Juice Carton

MONDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Fruity Flapjack
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Pasta with Peas and Bacon

(v,h) Pizza Fillet, quorn fillet topped with rich rustic tomato sauce and melted cheese.

Dry Roasted New Potatoes or Garlic Bread

British Roast Chicken Wrap
Milkshake Carton

TUESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Sponge with Fruit in Juice
(v) Organic Yoghurt or Fresh Fruit

OUR ROAST OF THE DAY

British Roast Beef, Yorkshire Pudding, Gravy, Crispy Roast Potatoes

(v,h) Broccoli and Sweetcorn Pasta Bake, Malted Wheat Baguette

Sliced Ham Soft Bap
Radnor Juice Carton

WEDNESDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Jam Tart
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Homemade Chicken Pie, Gravy, Creamy Mash or Crispy Potatoes

(v) Sticky Barbeque Veggie Sausages, Creamy Mash or Crispy Potatoes

Tuna Mayonnaise Sandwich
Radnor Juice Carton

THURSDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Cheddar Cheese, Crackers & Apple
(v,h) Carrot and Orange Cookie
(v) Organic Yoghurt or Fresh Fruit

Main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v,h) Quorn Nuggets with Rainbow Rice

(v) Cheddar Cheese Soft Bap
Radnor Juice Carton

FRIDAY

On the side...

Vegetable Sticks/Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Homemade Vanilla Krispy Bar
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood